



PACIFIC POST PARTUM  
SUPPORT SOCIETY

# Indigenous Parents Support Circle

Join a small group of other Indigenous parents for a time of connection, sharing, and support.

3rd Wednesday of the month  
10am to 12pm  
on Zoom

Open to parents who are expecting a baby  
or have a child under the age of 5.

Space is limited!

RSVP to

[jasmine@postpartum.org](mailto:jasmine@postpartum.org)

or call 604-255-7999

"Nurturing Creativity" by Chase Gray,  
used with permission